

XÓM BẮC CẦU

INTERNSHIP PROGRAM

Hanoi, 2020

All along the year, Xóm Bắc Cầu small and big works are done to optimize the quality and the respect of the installations facing the ecological and economic stakes imposed by our model. Through discovery of vietnamese know-how and sustainable practice, interns are included during day time in the development of the community garden.

VISION

Bring the children (the one that secretly lurks inside of us all) to discover an ideal environment to grow and learn with pleasure in an atmosphere of peace, with respect for their rhythm and peculiarity.

CORE VALUES

To generate between several projects entities - ecological, social, artistic - a dynamic initiative based on common values:

Equity of abilities and needs

Sharing, simplicity and co-operation

Make the ecological and energetic transition to simple living

OBJECTIVES

To propose an accompaniment according to the needs

To promote both the individual and collective works as a learning process

To be inclusive-progressive-supportive to individual-community-environmental purposes

To valorize and rethink eco-responsible and traditional creation process in order to reach sustainable practice

ACTIVITIES

Xóm Bắc Cầu is a non-profit and member-driven organisation born in 2018 in Hanoi, Vietnam. It defines as a participatory and collaborative garden: a place of friendliness, exchange and sharing. Our main concerns are **sustainable development and animation of the territory**. In this community garden we hope to bring together several projects - ecological, social, artistic - which will all be linked by our ethos and passion for living well together.

Our governance is organized around volunteering, professionals and artists involved on several levels on the site: organization of workshops and events, eco-responsible communication and valorization of short circuits at all scales of consumption. Our several partners anchored on our territory are mobilized to innovate by using the natural potential of soils, by promoting biodiversity, by placing the living and well-being at the heart of all practices. And using ecosystem resources to save water, energy and limit non-renewable inputs. It is also about taking advantage of new technologies, trying new agronomic routes or revisiting old practices.

Every week - **PUBLIC OPENING HOURS**: Every weekdays 4.30 pm - 6.30 pm / Weekends 8.30 am - 6.30 pm - we host people of Bắc Cầu and outside, children and parents, to improve and share their skills by cooking, gardening, crafting and practicing sports together. Everyone is invited to learn more about eco-gesture, sustainable development, learning process, responsible-project management and more. The garden hosts punctual activities - field trips, art events, workshops...

The intern and volunteers have to be aware of community and simple living, and warmly invited to connect with all the different actors of the site to include *sharing* as a new way to learn, practice and consumption.

LOCATION

Bắc Cầu is a small village located between the arms of the Red River and the Duong River, and part of Long Bien District, Hanoi. The old village has three hamlets now developed into three villages : Thuong - Bắc Cầu 3, Trung - Bắc Cầu 2 and Ha - Bắc Cầu 1.

In the conception of the villagers, the rivers - infinite source of water - bringing happiness to the village : it carries fertile alluvial resources to the land so the villagers could live stably by growing crops, fishing, collecting firewood on the Red River or raising silkworms. The village also includes a large community of artists and artisans.

However, in the rainy season, the river often brings floods into houses and crops, favorising diseases. So in the past, the village was very humid and the life of the villagers very difficult.

At the end of the 17th century, Bắc Cầu village was associated with the name of the brilliant doctor Ngo Sach Tuan (1648-1697). According to folklore when going to public service through the village, seeing the villagers sick, Ngo Sach Tuan donate rice and traditional medicine to everyone. Saving the village from the epidemic raged.

Previously, all three villages of Bắc Cầu had communal houses, but now only in Thuong village (Bắc Cầu 3) : **Xóm Bắc Cầu**. Villagers come often to meet up, enjoy the garden and share their knowledge about their land, biodiversity and all the eco-responsible behaviour which are integrated into Vietnamese traditions.

Bắc Cầu village still has two temples : Long Doi Tu (Bắc Cầu 2) and Thuan Loi Tu (Bắc Cầu 3), along the Red River, powerful meditative places, rich in history, with overview on the constant growing of Hanoi.

From a humid, muddy riverside village, nowadays Bắc Cầu is being urbanized with asphalt roads, and high-rise houses are growing more and more... But villagers' life is still preserved and improved by planting fruit trees of high economic values, practicing clever agroforestry.

WORKING HOURS

Morning : 8.30 am - 11.30 am

Afternoon : 3 pm - 6.00 pm

ACCOMMODATION

Accommodation is provided to all interns (and their families/friends/pets upon application and within capacity) in the residency complex in Xóm Bắc Cầu.

- Nha San: Traditional sleeping area - shared accomodation (2-100 people)
- Community Kitchen
- A housekeeper is available on the site every day: meals, room caring and laundry are provided under personal demand.
- Shared bathrooms (3 showers - 5 toilets)
- Feel free to bring your own pillow, blanket, tent.

Possible to:

- Reserved a taxi from/to airport
- Rent a bike or a motorbike directly on the space
- Provide sim card
- Assistance for visa later

GOOGLE FORM

https://docs.google.com/forms/d/e/1FAIpQLSctgWVEZuhI9h1KMyAIYv3SrG4EL8TE0vXdxnVypCX1z73j4g/viewform?usp=pp_url

APPLICATION PROCESS

To apply the file of conduct should be sent before minimum 1 week before the internship **baccau.contact@gmail.com** and organized as such:

01 / Presentation of the intern

02 / Presentation text of individual project and specific program of the works (refere to WORKS section of this document), with concise provisional schedule of the stay.

03 / Technical requirements to your stay: transportation, meals, accommodation, tools/materials needed, remarks such as potential nuisance or other.

FINANCE BY DONATION

Please consider that our garden can work and survive only thanks to the donations from visitors like you. XBC would kindly ask you to auto-evaluate your donation for collaboration, regarding of your own budget abilities and the services you give and receive.

WORKS

Permaculture Garden Workshop

Creation of a nourishing garden

- Permaculture concepts
- Food forest caring
- Vietnamese Plants: Flowers and medicinal plants
- Aquaponic system

Protect biodiversity

- Care of dedicated spaces: coop, stables, ponds, bird house
- Animal caring (Kennel for pet's rescue)
- Installation of an apiary

Natural Building Construction Workshops

Traditional Woodwork

- Ensure the strength of the frame and the various wooden modules
- Optimize the space for hosting different activities
- Furnitures for the chill out

Up-cycling

- Playgrounds and wood games
- Hamacs
- Bambou walls/baskets

General Volunteering program

Everyday life

- Clean-up and plastic hunt
- Signage
- Organize/Participate to free workshops for children
- Manage reception area and donations processing

Ecological behavior

- Natural hygiene products
- Manage compost area
- Establish an interactive prevention campaign inside the space

 **Welcome to your new home !**

